

Week 1: Our Heavenly Father’s Plan

Name: [Put your name here]



### Scripture

* Explain how the teachings in [Moses 1:39](https://www.churchofjesuschrist.org/study/scriptures/pgp/moses/1?lang=eng&id=39#38) relate to temple and family history work.  
  Take some time to reflect and provide a thoughtful response, a paragraph or more.

[Write your answer here.]

### Living Prophet

The Lord wants His children to “know the truth about who [they] are.” So w*ho are you*?

*“First and foremost, you are a child of God…as a member of the Church, you are a child of the covenant … you are a disciple of Jesus Christ.”* Russell M. Nelson ([*Choices for Eternity*](https://www.churchofjesuschrist.org/study/broadcasts/worldwide-devotional-for-young-adults/2022/05/12nelson?lang=eng&id=37-38#36)*,* May 2022)

* Explain how this knowledge of who you are inspires you to understand temple and family history work. Take some time to reflect and provide a thoughtful response, a paragraph or more.

[Write your answer here.]

# Header which says "skills"

### Technology

* A free FamilySearch account is required for future assignments. Week 4 Fan Chart, Week 5 Indexing and Wiki, Week 6 Temple Worship
* Create a free account on [www.familysearch.org](http://www.familysearch.org).
  + Use this resource as needed: [Create a Free FamilySearch account](https://www.familysearch.org/en/help/helpcenter/article/how-do-i-create-a-free-familysearch-account).
* On your phone download the FamilySearch apps; FamilySearch Family Tree and FamilySearch Memories, to use during this course.   
  

### Journaling

* Read: [The Power of Personal Journals is Enduring](https://www.churchofjesuschrist.org/church/news/the-power-of-personal-journals-is-enduring?cid=HPWE020415636&lang=eng)
* Begin keeping a journal by creating a brief bio about yourself in the W01 Discussion: Introduce Yourself in Canvas. A photo of yourself or your family is required in your bio.
* Start a journal that you can add to regularly. Write in your journal 3-4 times this week. A journal submission is not required.

# Header which says "Weekly Reflection"

Anytime you do anything that helps anyone*—on either side of the veil—take a step toward making covenants with God and receiving their essential baptismal and temple ordinances, you are helping to gather Israel. It is as simple as that…There is nothing of greater consequence…This is the mission for which you were sent to earth.* (Russell M. Nelson, “[Hope of Israel](https://www.churchofjesuschrist.org/study/broadcasts/worldwide-devotional-for-young-adults/2018/06/hope-of-israel?lang=eng),” June 3, 2018, emphasis added).

* What would the Lord like you to do with temple and family history work this semester? Describe a specific personal family history goal that you will be committed to working on each week throughout this course.

[Write your answer here.]

* Write this goal down and display it in a place where you will see it every day. You will report weekly on the progress you make working on this goal. Refine your goal if necessary.
* Choose a concept from this study sheet to share with family or friends this week. Spend 20 minutes teaching. Who did you teach? Write the names below.

[Write your answer here.]